

ASSUMPTION OF THE VIRGIN MARY UKRAINIAN ORTHODOX CHURCH
ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE AND NEW ROME



1301 Newport Avenue, Northampton, Pennsylvania 18067

Rev. Fr. Oleg Kravchenko, Rector

Protodeacon Mikhail Sawarynski, Attached

Websites: holyassumption.org and ukrainianorthodoxchurchusa.org

Facebook: Assumption of the Virgin Mary Ukrainian Orthodox

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Confessions: Vespers on the first Saturday of the month, Sundays before Liturgies, or by appointment.

Make a list of living and deceased and bring it to the Altar. We'll pray for them during a Liturgy.

For pastoral visits at home or hospital or special prayer requests ask Fr. Oleg.

Please, don't throw away the bulletin. Bring it back to the church. Thank you.

You are welcome to contribute articles or pictures to the bulletin. Let's make bulletins together! - Follow us on Facebook: <https://www.facebook.com/avmuocoftheusa>

Слава Ісусу Христу! Навіки Слава! Glory to Jesus Christ! Glory Forever!

Let's pray for peace in Ukraine

Молімось за мир в Україні

Questions about Fasting? Click [here](#) to read "Holy Orthodox Church: The Great Lent Ultimate Fasting Guide"

Sun. 07 Apr. (25 Mar.) **ANNUNCIATION of the MOTHER of GOD. 3rd SUNDAY of the GREAT FAST. ADORATION OF THE HOLY CROSS. TONE 3. Martyrs PELAGIA, THEODOSIA, & DULA of Nicomedia.**

Hebrews 2:11-18 & Hebrews 4:14-5:6 **Luke 1:24-38 & Mark 8:34-9:1**

DIVINE LITURGY of St. Basil the Great.

10:30AM-2PM Falafel lunch at St. Paul Antiochian. Flyer downstairs.

5:00 PM **PASSIA Service – the Divine Suffering of Christ (Protection, Allentown).**

Liturgical Meneion & Scripture Readings (Great Lent)

Mon. 08 Apr. *Synaxis of the Archangel Gabriel.*

Is. 14:24-32 **Gen. 8:21–9:7** **Prov. 11:19–12:6**

Tue. 09 Apr. *St. Matrona of Thessalonica (4th c.). Martyrs Manuel and Theodosius (304).*

Is. 25:1-9 **Gen. 9:8-17** **Prov. 12:8-22**

10:00 AM **Pyrohy fundraiser: peeling potatoes**

6:30 PM **MOLEBEN FOR UKRAINE (Our Church).**

Wed. 10 Apr. *St. Stephen the Wonderworker, abbot of Tryglia (815).*

Is. 26:21–27:9 **Gen. 9:18–10:1** **Prov. 12:23–13:9**

Thu. 11 Apr. *Venerable John, Anchorite of Egypt (4th c.).*

Is. 28:14-22 **Gen. 10:32–11:9** **Prov. 13:20–14:6**

7:00 AM **Pyrohy fundraiser: pinching**

5:00 PM **AKATHIST to the Mother of God for the healing of the sick.**

Fri. 12 Apr. *Ven. John (Climacus) of Sinai, author of The Ladder (649). Prophet Joad.*

Is. 29:13-23 **Gen. 12:1-7** **Prov. 14:15-26;**

4:30 PM **Confessions**

5:00 PM **LITURGY OF THE PRESANCTIFIED GIFTS. Welcome all to the common soup supper after Service. (Please volunteer for the next soup).**

Sat. 13 Apr. *Memorial Saturday. St. Hypatius the Wonderworker, bishop of Gangra.*

Heb. 6:9-12 **Mk. 7:31-37**

9:00 AM **PANAHYDA. Leave the lists to pray for deceased near the bulletins.**

11:00 AM **Chrysostom Academy conference and movie. Flyer downstairs.**

5:00 PM **GREAT VESPERS. Examination of Conscience and Confessions.**

Sun. 14 Apr. **9:00 AM** **DIVINE LITURGY of St. Basil the Great. UOL meeting during the coffee hour**

5:00 PM **PASSIA Service – the Divine Suffering of Christ (Our Church).**

- We switch to the New Calendar on April 23

- **Easter flower** orders are due April 14. Please make your check to our Sisterhood.
- **Sisterhood meeting – Sunday, April 21 during the coffee hour.**
- **Great Lent fundraiser:** we collect **Baby/Mommy Items for the Houses for pregnant women in need (Bethlehem, Allentown)**. The baby bottles for monetary donations, the completed list of needs and the pack-n-play for donations are downstairs. We will deliver that all after Pascha.
- **Summer church youth camp of UOC in Emlenton, PA.** The expenses are covered by our parish. Transportation will be provided. **June 23-29 Church School Camp; June 30-July 13 Teenage Conference.** We wish you to have a great summer!
- **Purchase a kit to embroider a pocket “protection cross” for our Ukrainian soldiers.** The Protection Cross is kept in the pocket to protect our heroes. Protection crosses will be mailed to soldiers in Ukraine with notes of support. \$5 for each kit includes cloth, threads, needle and design. All funds collected are used to support Ukraine. To order a kit please contact Kathleen Kuchinos.
- **Wednesdays of Great Lent Fr. Oleg substitutes at the Church in Nesquehoning, PA.** If you would like to participate in the Liturgies of Presanctified Gifts that day, please let him know.
- **Kowalonek’s kielbasy sampler for Paschal basket.** \$20 each. Take a flyer downstairs.
- **Pyrohy schedule: April 11, 25, May 9, 23. First come, first served (until we reach 300 doz.).** Please volunteer for peeling, running, cooking/mashing, pinching and clean-up.
- **Church School is every Sunday: Mrs. Mary Ost (Preschool/ Elementary) 8:55-9:20 AM.** Mrs. Karen Osmun (Secondary) at 8:45-9:15AM. Once a month with Fr. Oleg after Liturgy.
- **For Food Bank:** baby foods, canned potatoes, and meats, tuna, pasta, sauces, mac. & cheese.
- **Virtual Bible Study Day** - every Wednesday via Zoom: Nº1 Pan-Orthodox at 12 PM. Meeting ID: 576 301 6482. Passcode: 238492. Nº2 with a professor of Saint Sophia Seminary, Fr. Demetrios at 7 PM. Ask Fr. Oleg for the link.

BIRTHDAYS:

07 Apr... Karen Osmun, Walter Dworakivsky,
08 Apr...Patricia Kuchinos, Michael Kuchinos, Jared Kroboth, Kathleen Jones
10 Apr...Lara Smallen, Jerome Kroboth
12 Apr...Lesya Semonovych, Janelle Kroboth
МНОГАЯ ЛІТА! MANY YEARS!

NECROLOGY: Ukrainian civilians and soldiers, killed in the Russian invasion.

07 Apr...Gregory Zaoba '32, Katherine Wentz '78
09 Apr...Volodymyr Burskyj (infant) '35, Karolina Yaremchuk '85, Nicholas Chuyko '88, Michael Kuchinos '03
11 Apr...Katherine Bochnok '70, Wasyl Sawka '93
12 Apr...John Roman '33
13 Apr...Theodosia Gontar '83, Olexander Reminniy '12

ВІЧНА ПАМ'ЯТЬ! MEMORY ETERNAL!

PRAYER FOR THE HEALTH & SALVATION OF THE AFFLICTED: Ukrainian soldiers and civilians, wounded during the Russian aggression, His Eminence Metropolitan Antony, Vladimir Krasnopera, Barbara Grason, Paul Kochenash, Helen Crayosky, Rosemarie Pypiuk, priest Demetrius Nicoloudakis, priest Vasyl Dovgan, Karen Kankula, Walter Seremula, Russel Kerick, Jon Hewko, Matthew Vitushinsky, Nadine Savitz, William Savitz, Nicholas Alexander, Tom Petro Jr., William Leszczuk, Mary Berger, Jessica Meashock, James Osmun, Maria Joseph, Zachary Y. Siyufy, Ruslana Reznik, Lubov Slonova, Raisa Melnychuk, Vasyl Beizyn, Lubov Shevchuk, Volodymyr Hranat, Ihor Broda, Debi Hutnick, Eric Hewko, Phil O'Brien, child Charlie, Juliana, Shirl Merolli, Kirk Swauger, Stephanie Donnelly, Danny Berro, child Alexandria, Elizabeth Pastushenko, Aaliyah Osmun, Brendan Phillips, Adam Hewko, Andrew Thaxton, Susan Ferretti, Judy Albright, Daniel Kochenash, Christopher Mack, Joann Hoodmaker, Norman Betrous, Robert Zarayko, Lisa Kulhanek, Esther Wilt.

PROPERS FOR THE LITURGY OF ST. JOHN CHRYSOSTOM

Tropar Resurrection, Tone 3: Let the heavens rejoice/ Let the earth be glad/ For the Lord has shown strength with His Arm/ He has trampled down death by death/ He has become the Firstborn of the Dead/ He has delivered us from the depths of Hell/ and has granted the world great mercy.

Tropar of the Holy Cross, Tone 1: Lord, save Your people/ and bless Your inheritance/ Grant victory to Orthodox Christians/ over their adversaries/ And by Your Cross/ preserve Your people.

Tropar of the Feast of Annunciation, Tone 4: Today is the beginning of our salvation/ the revelation of the Eternal Mystery/ The Son of God becomes the Son of the Virgin/ as Gabriel announces the coming of Grace/ Together with him let us cry out to the Birth-Giver of God/ Rejoice Lady Full of Grace/ the Lord is with you.

Glory... Kondak of the Triodion, Tone 7: The flaming sword no longer guards the gates of Paradise/ It has been mysteriously extinguished by the wood of the Cross/ The sting of death and the victory of Hell have been vanquished/ For You, O my Savior/ have come and cried to those in Hell/ "Enter again, into Paradise."

Now and ever...Kondak, Tone 8: O Victorious Leader of Triumphant Hosts/ We, your servants, delivered from evil, sing our grateful thanks to you, O Birth-Giver of God/ As you possess invincible might, set us free from every calamity/ so that we may sing:/Hail Unwedded Bride.

"Instead of the Thrice Holy Hymn". Before Your Cross, we bow down, O Master, and Your Holy Resurrection we glorify.

Prokimen Feast, Tone 4: Announce from day to day the glad tidings of the salvation of our God.

Verse: Chant to the Lord a new song; Chant to the Lord, all the earth.

Prokimen of the Triodion, Tone 6: Save Your people, O Lord, and bless Your inheritance.

Epistles: Hebrews 2: 11-18 & Hebrews 4: 14-5:6

Alleluia Verses, Tone 2. He shall come down as rain upon a fleece; and as the dew which falls upon the earth.

His Name shall be blessed forever; His Name shall continue longer than the sun.

Remember Your congregation which You have acquired from old.

Gospels: Luke 1:24-38 & Mark 8:34-9:1

“Instead of All creation rejoices in you...” Announce good tidings of great joy, all the earth. You heavens praise the glory of God. **Irmos, Tone 4.** Let no profane hand touch the living Ark of God/ but let the lips of the faithful cry aloud in great joy to the Birth-Giver of God:/ “Rejoice, Lady Full of Grace/ the Lord is with You.”

Communion Hymn: The Lord has elected Zion. He has chosen her as a habitation for Himself. The light of Your Countenance, O Lord, has been signed upon us. Alleluia 3X.

ORTHODOXY IN THE WORLD



Patriarch Theophilus commemorated the restoration of icons on the first Sunday of Lent in the Church of the Holy Sepulchre in Jerusalem

Sunday of Orthodoxy was celebrated by Ecumenical Patriarch Bartholomew I in St. George's Cathedral in the Phanar, Turkey

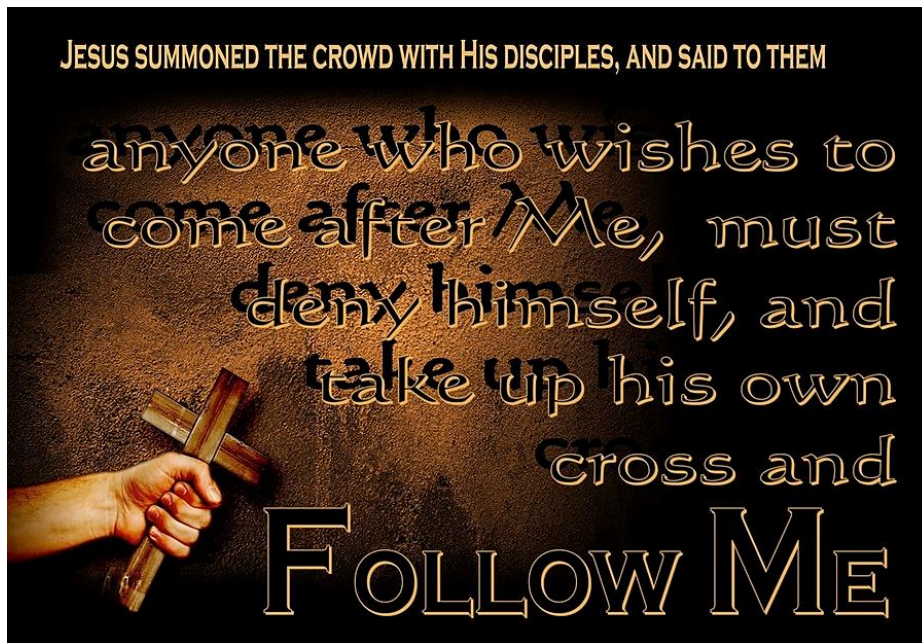
The all-English Church of St. Sophrony of Essex in Adelaide, Australia celebrated a mass Baptism followed by multiple weddings.





The first Pre-Sanctified Liturgy of Great Lent was celebrated in St. Michael's Golden Domed Cathedral in Kyiv by Metropolitan Epifani

Relics of St. Nicholai (Velimirovic) of Zica, who taught at St. Tikhon's Seminary in America, were gifted to the school by Bishop Irenej of the Serbian Orthodox Church on the 85th anniversary of its founding



THE GREAT LENT

A LIFE OF PARADISE ON EARTH

RESTORING A LIFE OF BIBLE READING, PRAYERS, AND MEDITATION

Sanctify your Body, Mind,
and Soul through Ascetic
Practices

Continue on the Path to
Eternal Life

Commit ourselves to a
righteous life

Stand firmly against Satan



Remember that through
Holy Baptism you are
born of Water and Spirit

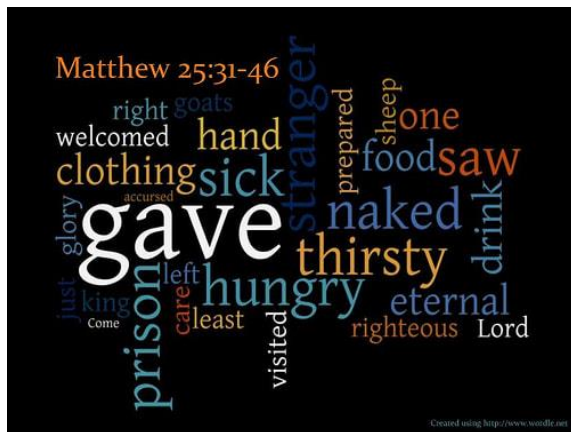
Be born again through the
Renewal of the Mind

Through the Sacraments of
Holy Confession and Holy
Communion, partake in the
Body and Blood of Jesus Christ

Repent and Seek Forgiveness

◆ DURING GREAT LENT ◆

- ◆ Follow the Rules of Abstinence and Lenten Practices prescribed by the Church
- ◆ Read the Scriptures Daily and Pray Unceasingly
- ◆ Fast
- ◆ Participate in Church Services Regularly
- ◆ Give food to those who hunger, and drink to those who thirst
- ◆ Set aside a portion of your wealth for the Needy
- ◆ Be Enthusiastic in Good Works
- ◆ Do not be Wasteful and Avoid Arrogance
- ◆ Forgive Everyone and let go of all Grudges
- ◆ Love your Neighbor as yourself



OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

What is Passia? Passia services celebrated during vespers on the 2nd, 3rd, 4th and 5th Sunday evenings of Great Lent. This special service was written by St. Petro Mohyla (+1647), Metropolitan of Kyiv, commemorating the divine suffering of our Lord, Jesus Christ. At each week's service a different account of the suffering of Christ is read: the 26th and 27th chapters of Matthew; the 14th and 15th chapters of Mark; the 22nd and 23rd chapters of Luke; and the 18th and 19th chapters of John. In this way a focus on the Passion of Christ is maintained throughout the Great Fast.

The reading of the Holy Gospel customarily takes place in the centre of the church before a large Crucifix. The faithful stand with lighted candles. In addition to the reading, elements of the services for Great and Holy Friday and Great and Holy Saturday are chanted. For many, the Passia is an integral part of Great Lenten observance.

It is currently unique to the Ukrainian Orthodox Church. There is a practice to rotate the services among the parishes of a city so that parishioners can meet other faithful of the city's community. So this year we invite you to join us at the Passia services in our Church and in the Holy Protection Church in Allentown!

Additions in Ukrainian

Недільне Євангеліє: Луки 1:24-38. 24 Після тих днів зачала Єлисавета, жінка його, і таїлася п'ять місяців, кажучи: 25 так сотворив мені Господь у ті дні, коли зглянувся на мене, щоб зняти з мене ганьбу перед людьми. 26 Шостого ж місяця був посланий від Бога ангел Гавриїл у галилейське місто, яке називається Назарет, 27 до Діви, зарученої з мужем на ім'я Йосиф, з дому Давидового; ім'я ж Діви — Марія. 28 Ангел, увійшовши до Неї, сказав: радуйся, Благодатна! Господь з Тобою, благословенна Ти в жонах. 29 Вона ж, побачивши його, стривожилася від слів його і міркувала, що б то значило це привітання. 30 І сказав їй ангел: не бійся, Маріє! Бо Ти знайшла благодать у Бога. 31 І ось зачнеш в утробі і народиш Сина, і наречеш ім'я Йому Ісус. 32 Він буде Великий і Сином Всевишнього наречеться, і дасть Йому Господь Бог престіл Давида, отця Його. 33 І царюватиме у домі Якова повік, і царству Його не буде кінця. 34 Марія ж сказала ангелу: як же станеться це, коли Я мужа не знаю? 35 Ангел сказав їй у відповідь: Дух Святий зійде на Тебе, і сила Всевишнього осінить Тебе. Тому і народжуване Святе наречеться Сином Божим. 36 Ось і Єлисавета, родичка Твоя, і вона зачала сина в старості своїй, і це вже шостий місяць їй, хоча називають її неплодною, 37 бо не буває безсилим у Бога ніяке слово. 38 Тоді Марія сказала: Я — раба Господня. Нехай буде Мені за словом твоїм. І відійшов від Неї ангел.